

Ensure[®] perioperative nutrition:

helping to improve recovery after surgery

PREOPERATIVE

SURGERY

POSTOPERATIVE

1

2

3

4

Immunonutrition

Carbohydrate loading

Immunonutrition

Advanced nutrition



**Ensure[®] Surgery
Immunonutrition shake**

**Ensure[®] Pre-Surgery
clear carbohydrate drink**

**Ensure[®] Surgery
Immunonutrition shake**

**Ensure[®] Enlive[®]
advanced therapeutic
nutrition shake**

**2-3
shakes/day**

2 bottles 1 bottle

**2-3
shakes/day**

**2
shakes/day***

*for 5-7 days
before and after surgery*

*night before
surgery up to 2 hours
before surgery*

*for 5-7 days
before and after surgery*

for continued recovery



PIVOT[®] 1.5 CAL

For tube-fed patients, Pivot[®] 1.5 Cal may be used as a source of immunonutrition perioperatively.

* Two servings of Ensure Enlive daily provide a recommended level of HMB.